

# WHAT IS SALT?



Love to Communicate

INDEPENDENT SPEECH AND LANGUAGE THERAPY

A quick and easy guide/overview.

## What is SALT?



Speech and Language Therapists help young people. This can include support with:

- Talking and understanding words
- Putting sentences together
- Listening and concentrating
- Social communication
- Understanding instructions
- Understanding and regulating emotions

## SALT stands for Speech and Language Therapy.



## How does SALT support students?



Speech and Language Therapists:

- Assess students for underlying communication needs.
- Provide reports and recommendations.
- Work 1:1 or in small groups with students.
- Help with speaking, listening, and understanding.
- Support students with accessing lessons and understand tasks or learning.
- Teach ways to communicate confidently and clearly.
- Help staff understand a student's needs and use the right strategies.
- Help students with identifying and using strategies to support their communication at school and develop self-help tools.

## PRUs & SALT

Many students have hidden communication difficulties. These difficulties can affect learning, behaviour, and relationships.

We aim to support behaviour, confidence, access to learning and developing positive relationships with staff and peers.



## The Speech and Language Therapists at Saffron Valley Collegiate are called:

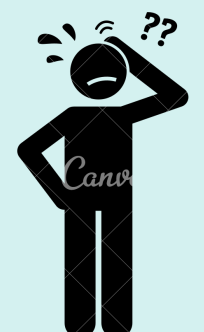
- Sabrina
- Maisy



## For example...

A student might:

- Not understand a long instruction → so they don't do the task.
- Find it hard to say or identify how they feel → so they get angry.
- Find it difficult to join in class learning → so they feel left out or leave the classroom.



Supporting communication means supporting success – in learning, friendships, and the future.

If you have any questions, please ask a member of staff at Saffron Valley Collegiate for more information.