



## Educational Psychology Service

### Parent Advice Line

Octavo Partnership's Educational Psychology Service (EPS) is providing a telephone advice line for any parent or carer of children who feel they would benefit from a consultation with a psychologist to support them with any concerns for them or their families during the Covid-19 pandemic.

Areas of concern you may wish to discuss could include:

- Anxiety around the current situation and its impact on your child and family
- How to support behaviour that can be challenging or difficult to manage
- How to best look after yourself so you can support your child
- Supporting you to support your child's emotional needs
- Concerns about family relationships and friendships
- How to help children/young people to engage with the daily structure, learning and other activities
- Supporting you and your child with the transition back to school

You will be offered an initial telephone consultation of 30 minutes with a psychologist and a potential follow up session of another 30-minute consultation at a later date. This service is available Monday to Friday, within standard working hours. If you would like a telephone consultation with an Educational Psychologist, please email [edpsychology@octavopartnership.org](mailto:edpsychology@octavopartnership.org) providing the following information:

- Your name
- The telephone number you would like to be contacted on
- A brief description of the area in which you would like support
- The name of your child's school
- Times and dates you are available for a call back

We aim to respond within three working days once a request is received.